‘When everything seems to be going against you, remember that the airplane takes off against the wind, not with it.’

Henry Ford

‘You’re braver than you think, stronger than you seem and smarter than you think’

‘Courage is what it takes to stand up and speak; courage is also what it takes to sit down and listen’

Winston Churchill

‘Be the kind of person who dares to face life’s challenges and overcome them rather than dodge them.’

Roy T. Bennett

‘Find your brave and determine not to quit. Keep believing in the one who can calm the storm’

Holly Wagner

‘Be bold enough to use your voice, brave enough to listen to your heart and strong enough to live the life you’ve always imagined.’

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Finding your brave quotes