**‘It is beautiful to express love and even more beautiful to feel it.’**

**Dejan Stojanovic**

**‘Hiding your emotions is the worst thing you can do. Expressing them to the right person, at the right time might change everything.’**

**Facebook.com/quotedthoughts**

**‘Don’t ever hold back from showing others who you truly are. Get messy. Show the real you.’**

**Meredith Marple**

**‘Sometimes words are not needed, and the simplicity of expressing yourself through an art form is one of the best ways of communication.’**

**Emmanuel Jal**

**‘Music comes from the soul. It’s a way to express yourself, so we always, always need to save the music’**

**Ashanti**

**‘Being stylish is about enjoying your life and expressing yourself and your inner light.’**

 **Tori Amos**

Expressing Yourself