



SHINING A LIGHT ON MENTAL HEALTH

**WILL YOUR SCHOOL SHINE BRIGHT?
9-15 FEBRUARY 2026**

**DRESS BRIGHT AND
HELP SHINE A LIGHT ON
CHILDREN'S MENTAL HEALTH**

This year we're looking to make CHUMS Shine Bright Wear Bright campaign the biggest and best yet. We'd love your school to sign up, and help us shine a light on children's mental health during Children's Mental Health Week.

It's fun and easy to take part, by encouraging staff and pupils to wear bright clothing on a day of your choice. Schools are provided with engaging information and fact sheets and fundraising packs to help make the most of the campaign.

Sign up today. Email claire.feasey@chumscharity.org.

WWW.CHUMSCHARITY.ORG/SBWB26